

# More House School Week 4

## Michalmas Term 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Everyday</b>	A selection of cereal including homemade granola, muesli and porridge. Wholemeal & white toast with preserves						
<b>Hot Selection</b>	Porridge Scrambled eggs Potato waffles Baked beans Boiled Eggs	Porridge Ham and cheese toastie Baked Beans Boiled Eggs	Porridge Croissants Eggs to order Baked Beans Boiled Eggs	Porridge Bacon Plum tomatoes Baked Beans Boiled Eggs	Porridge Spaghetti hoops Hash browns Baked Beans Boiled Eggs	Porridge Full English Breakfast	Porridge Full English Breakfast
<b>Juices</b>	Orange Pineapple	Orange Apple	Orange Grapefruit	Orange Cranberry	Orange Apple	Orange Pineapple	Orange Apple
<b>On the Side...</b>	A selection of yoghurts, toppings and fresh fruit						
<b>Hot Beverages</b>	Tea, coffee and hot chocolate available daily						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Selection of breads, toppings and accompaniments						
<b>Main Meal</b>	Tortilla bake	Chicken chow mein Egg noodles Prawn crackers	Butchers pork sausages Sauté onions	Chicken tikka masala Steamed rice Spicy onions Mango / coconut	Fish & Chip Shop lunch Salmon fish pie	Hunters Chicken	Panini selection
<b>Veggie Exciting</b>	Quorn sausage and mash, served in a Yorkshire pudding Onion gravy	Homemade vegetarian spring rolls	Quorn sausage toad in the hole	Butternut squash and green bean risotto	Mac 'n' cheese	Stuffed peppers	Panini selection
<b>On the Side...</b>	New Potatoes Fresh courgettes Corn on the cob	Minted new potatoes Fresh green beans Fresh cauliflower	Mashed potatoes Fresh carrots Garden peas Gravy	Bombay Potatoes Sweetcorn Fresh Spinach	Garden peas Baked beans	Baked sweet potato wedges Crisp mixed salad	Crisps Fresh fruit Cookies
<b>Jacket Potato Bar</b>	Baked potato / Sweet Potato with Baked Beans Salad Bar	Baked potato / Sweet Potato with Baked Beans Salad Bar	Baked potato / Sweet Potato with Baked Beans Salad Bar	Baked potato / Sweet Potato with Baked Beans Salad Bar	Baked potato / Sweet Potato with Baked Beans Salad Bar		
<b>Pasta Bar</b>	Penne with Tomato & Basil Sauce	Carbonara sauce	Bolognese sauce	Whole wheat Pasta with Mushroom Sauce			
<b>Cold Pudding Pots</b>	Fruit pots	Fruit cheesecake	Chocolate mousse	Fruit salad pots	Jelly pots	Fruit pots	
<b>Half Measures Corner</b>	Lemon drizzle sponge Custard	Bread and butter pudding Custard	Tiramisu	Pear and chocolate crumble Chocolate sauce	Ice cream bar	Homemade Cookies	
<b>Fruit &amp; Dessert</b>	Fruit salad pots and selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. Daily selection of homemade yoghurts, served with granola or berry top.						

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<b>Soup bar</b>	Soup of the day Rolls and croutons	Soup of the day Rolls and croutons	Soup of the day Rolls and croutons	Soup of the day Rolls and croutons			
<b>Hot Selection</b>	Crispy pork shoulder Asian style Stir fried vegetables with plum sauce	Breaded Haddock Oven baked potato wedges Coleslaw Caesar salad	Lamb hotpot Fresh cabbage Fresh swede Chocolate doughnuts	Homemade beef pasties Mashed Potatoes Baked Beans	Beef and pepper stir fry Egg fried rice Spring rolls Prawn crackers	Build your own burger night Fries Salad Coleslaw	Beef pie Roast Potatoes Fresh Carrots Garden Peas Gravy
<b>Theme bar</b>	BBQ chicken burritos with salad and dips		Hot dogs	Mussels linguini		Ice Cream Sundae	Ice Cream Sundae Fresh Fruit Salad
<b>Vegetarian Selection</b>	Vegetable spring rolls	Mexican bean burger	Vegetable hot pot	Halloumi paella	Quorn stir fry Egg fried rice	Build your own burger night	Asparagus and cheese quiche
<b>On the Side...</b>	A selection of salad, fruit bowl and topped yoghurts						
	Selection of drinks						

