

**More House School Week 1**  
**Michaelmas Term 2019**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Everyday</b>	A selection of cereal including homemade granola, muesli and porridge. Wholemeal & white toast with preserves						
	Porridge	Porridge	Porridge	Porridge	Porridge	Porridge	Porridge
<b>Hot Selection</b>	Belgian waffles Chocolate sauce  Baked Beans Boiled Eggs	Bacon Warm Rolls  Baked Beans Boiled Eggs	Pork Sausage Fried Eggs Grilled tomatoes Fried bread Baked Beans Boiled Eggs	Smoked Salmon Scrambled Eggs  Baked Beans Boiled Eggs	Hash browns Bacon Mushrooms  Baked Beans Boiled Eggs	Breakfast to order	Full English Breakfast
<b>Juices</b>	Orange Pineapple	Orange Apple	Orange Grapefruit	Orange Cranberry	Orange Apple	Orange Pineapple	Orange Apple
<b>On the Side...</b>	A selection of yoghurts, toppings and fresh fruit						
<b>Hot Beverages</b>	Tea, coffee and hot chocolate available daily						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Selection of breads, toppings and accompaniments						
<b>Main Meal</b>	Chicken and vegetable pie served with a shortcrust top	Pizza Time! Selection of vegetarian and meat topped pizzas	Beef and vegetable hot pot	Cajun chicken Drumsticks and thighs	Fish & Chip Shop lunch  Salmon Fish Fingers	Homemade pizza selection	Panini selection
<b>Veggie Exciting</b>	Butternut squash and chickpea curry Served with rice	Stuffed Portobello mushrooms	Broccoli and asparagus quiche	Hungarian potato cakes served with Mediterranean vegetable casserole	Homemade spring rolls served with sweet and sour sauce	Homemade vegetable burgers	Panini selection
<b>On the Side...</b>	New potatoes Fresh carrots Garden peas	Fresh Herbie Potatoes Sweetcorn Fresh Courgettes	Parsley Potatoes Fresh Savoy cabbage Fresh Carrots	Asian noodles Stir fried fresh vegetables Fresh spinach	Garden peas Baked Beans	Homemade oven cooked jacket wedges Assorted salads	Crisps Fresh Fruit Cookies
<b>Jacket Potato Bar</b>	Baked potato/sweet potato jacket with Baked beans Salad Bar	Baked potato/sweet potato with Baked beans Salad Bar	Baked potato/sweet potato with Baked beans Salad Bar	Baked potato/sweet potato with Baked beans Salad Bar	Baked potato/sweet potato with Baked beans Salad Bar		
<b>Pasta Bar</b>	Penne with Tomato & Basil Sauce	Fusilli Pasta with Carbonara Sauce	Conchiglie Pasta with a beef chilli	Whole wheat Pasta with Mushroom Sauce	Fusilli Pasta with Bolognese Sauce		
<b>Cold Pudding Pots</b>	Fresh fruit salad pots	Lemon curd strawberry pots	Peach yoghurt pot with Oreo	Passion fruit cheesecake	Chocolate Brownie Trifle		
<b>Half Measures Corner</b>	Lemon Cheesecake	Banana sponge, Toffee sauce	Chocolate sponge Chocolate sauce	Autumn fruit pie Custard	Mixed Rainbow Jellies	Homemade Carrot Cookies	
<b>Fruit &amp; Dessert</b>	Fruit salad pots and selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. Daily selection of homemade yoghurts, served with granola or berry top.						

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<b>Soup Bar</b>	Carrot and orange soup Rolls and croutons	Cream of tomato soup Rolls and croutons	Leek and potato soup Rolls and croutons	Mushroom soup Rolls and croutons			
<b>Hot Selection</b>	Chicken and bacon pasta carbonara Homemade garlic bread  Sweetcorn	Butchers choice sausages Rosti potatoes Roasted root vegetables Gravy	Chinese theme night Sweet and sour pork balls Beef in black bean sauce Egg fried rice  Doughnuts	Spicy chicken flatbreads  Mint and yoghurt dressing  Sauté Pac choi  Sauté potatoes	Beef Red Thai curry  Coconut rice  Prawn crackers	Chicken kebabs with pitta bread and salad  French fries  Homemade toffee pancakes	Roast Beef Yorkshire Pudding Roast Potatoes Fresh Cabbage Fresh Carrots Garden Peas Gravy  Chocolate Fudge Cake Ice Cream
<b>Theme bar</b>	Kedgerie With curry sauce and eggs	Brie cranberry and bacon paninis		Spicy sausage jambalaya			
<b>Vegetarian Selection</b>	Vegetarian kofta kebabs Mini nann and houmous	Spinach and ricotta ravioli	Sweet and sour tempura vegetables	Vegetable spiced biryani with curry sauce	Thai tofu and vegetable curry Served with coconut rice	Homemade vegetable samosas	Cheese Omelettes
<b>On the Side...</b>	A selection of salad, fruit bowl and topped yoghurts Selection of drinks						

