



### Dear Parent

More House offers boys in Year 10 and above the opportunity to achieve the Duke of Edinburgh's Silver Award if they passed their Bronze Award at MHS.

Below is information on what completing the award would entail. If you still have questions please do not hesitate to visit the <u>DofE Website</u>, watch the <u>Welcome to DofE video</u> or email <u>Mr Webb</u>.

### Sections

The D of E Award scheme covers four sections: Volunteering, Physical, Skills, and Expedition.

# Timescales

It takes at least 6 months to complete the Silver programme if the Bronze Award has already been achieved. It will take at least 12 months to complete if the Bronze Award has not been completed.

Volunteering 6 months

Physical & Skills One section for 6 months and the other section for 3 months

Expedition 3 days/2 nights (plus a two-day and one-night practice walk before expedition)

If the Bronze Award was not completed, then an additional 6 months in either the volunteering section or additional time in the physical or skills section you choose to complete will be needed to achieve the Silver Award. Although they can swap sections it is beneficial to decide prior to commencing the award which section your son will focus on. Knowing how long they are going to do it for will help them choose their activity and set goals for each section.

## MORE HOUSE SCHOOL

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#### Costs

MHS DofE Silver Award costs £38.50 which is due by 19/05/2023

An additional £150 to £200 is due before the expedition September/October 2023

All payments can be made directly on the school website quoting DofE Silver and your son's surname.

\*Please note that for the Silver Award to take place a minimum of 14 pupils must join the award scheme.

The cost of the award covers the following:

- DofE registration (completed when payment received)
- Cooking fuel
- First aid course (if you pick it as your skill)
- Transport on expedition
- Campsite fee
- Assessor Fees
- Use of school group kit e.g. tents and stoves
- Transport

# Key Dates

To achieve the DofE Silver Award your son must attend and complete both the practice and qualifying expedition. To take part in the expedition the three other sections must be commenced and information added to your son's e-dofe account.

Practice Day Walk After Easter

Qualifying Expedition After Easter

## Enrolment & e-dofe

<u>e-dofe</u> is an online system and app that helps manage your **son's** DofE award. It also enables the leader to check **your son's** progress.

The award cannot be completed unless evidence has been submitted for each of the sections using e-dofe

To sign up to the MHS DofE Bronze award please <u>complete this form</u> by 19/05/2023

Once the form has been submitted, your son will be sent a username and password to log onto e-dofe. Once logged in, they will be sent a welcome park by the DofE award in the post.

# Welcome packs

These contain helpful information about doing the Award, but they also contain the assessor report pages, which must be signed once a section has been completed.

<u>Username</u>: This will be your son's first name and surname in capitals with no space. If another participant already has enrolled with the same name, you will also be given a number to include.

Example John Smith = JOHNSMITH12

<u>Password:</u> Initially this will be your son's date of birth = DDMMYYYY. They will be able to change this when they first log on. Your Leader will not know your new password so you must choose a memorable one. If your son does forget they will need to follow the forgotten password link.

e-dofe sign in link e-dofe user quide

Sections Guidance & Getting Stared!

- <u>Four sections need completing</u> Volunteering, Skills, Physical and Expedition.
- All activities must be completed as <u>extra curricular</u>, not as part of a lesson. The only exception is one to one music lessons.
- One activity for six months, two activities for three months. Your son can choose which activity to complete for each timescale. They can do all the activities at the same time or spread them out over the year. They should aim to complete all the sections before breaking up for the summer holidays.
- <u>1 hour/week on each activity</u>. Your son must continue for the timescale stated e.g. they cannot attend four times a week for only a month, as the Award is looking for sustained commitment. If they miss a week, they will need to add on an extra couple of weeks.
- Get them to set a goal for each activity to show what they want to achieve by taking part. Be specific eg 'to be able to swim 20 lengths in 15 minutes' is specific, whereas 'to be able to swim better' is too vaque.
- <u>Choose an assessor</u> who can validate that they have taken part regularly and who has enough knowledge of the activity so they can record the progress they have made. The assessor must be independent so NOT a family member or friend. Joining a club help can because it should be the same person each week.
- <u>Use the attendance record pages.</u> Your son should record their attendance each week. This will need to be kept as evidence that they have completed the activity within the timescale required. For more sheets please <u>click here</u>.
- Record on e-dofe progress and assessor reports.
- <u>Completion of an activity.</u> Your son's assessor should write in the welcome pack assessor report page
  or send them this link (<a href="https://edofe.org/Assessor">https://edofe.org/Assessor</a>) with your son's participant's ID number. Other
  evidence can also be uploaded such as photos, certificates etc.

# Section - Choosing an activity

- Volunteering is simple. It is about choosing to give time to help people, the community or society, the environment, or animals. It is giving time doing something useful without getting paid (apart from expenses).
- Volunteering must not be done for a business but can be undertaken for a charity or not-for-profit
  organisation. Where volunteering is in support of surplus generating work, for example a charity shop,
  then some Local Authorities may require a work permit. The charity your son is volunteering with should
  be aware of this and support him as required.
- You can also volunteer in a team, which might be an easier way to find an activity if you can identify a local need you can help with.
- Physical activity in short, anything that requires a sustained level of energy and physical activity. For example, playing a sport regularly and showing personal improvement would count. However, learning to be a coach in the same sport would be a Skills section activity, whilst being a volunteer coach counts for the Volunteering section.
- Skills activity This needs to be an activity that will allow your son to prove he has broadened his understanding and increased his expertise in his chosen skill. It should not be a physical activity, for example horse riding, as this counts towards the Physical section, however, he could choose to learn about caring for horses.
- <u>Ideas for activities</u>
- Programme Planning Completing these forms can help your son and your DofE leader
- Completing a section once you have completed, they section ask your assessor to complete report
  confirming this. The assessor reports will be in your son's Welcome Pack, but they can also be
  completed electronically.

www.morehouseschool.co.uk

Assessor Guidance
Dear Assessor
Thank you for your support with my Duke of Edinburgh's Award.
It would be much appreciated if you could complete the assessor report as evidence that I have completed this section to the required standard.
<ul> <li>Please include in your report the following information</li> <li>How long I have taken part in the activity (the requirement is 1 hour/week for either 3 or 6 months)</li> <li>What I have learned and how I have progressed since starting the activity</li> </ul>
The preferred way to complete this is by using <u>this link</u> .  My participant's ID number is
Many thanks for all your help