

BREAKFAST

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HYDRATION	Selection of Hot Drinks Selection of Chilled Juices	Selection of Hot Drinks Selection of Chilled Juices	Selection of Hot Drinks Selection of Chilled Juices	Selection of Hot Drinks Selection of Chilled Juices	Selection of Hot Drinks Selection of Chilled Juices	Selection of Hot Drinks Selection of Chilled Juices	Selection of Hot Drinks Selection of Chilled Juices
HOT ITEMS	Boiled Eggs Baked Beans	Boiled Eggs Baked Beans	Boiled Eggs Baked Beans	Boiled Eggs Baked Beans	Boiled Eggs Baked Beans	Boiled Eggs Baked Beans	Boiled Eggs Baked Beans
DAILY SPECIAL	Waffles Selection of Sauces	Smoked Salmon with Scrambled Eggs Grilled Tomatoes	Bacon Hash Browns Spaghetti Hoops	Pork Sausage Potato Waffles Sauté Mushrooms	Hot Cheese and Ham Turnover	Arturs Breakfast Wrap	Full English Breakfast
DAILY BREAKFAST ITEMS	Porridge with Topping Selection of Cereal Selection of Toast / Crumpets Preserves Yoghurts with Toppings	Porridge with Topping Selection of Cereal Selection of Toast / Crumpets Preserves Yoghurts with Toppings	Porridge with Topping Selection of Cereal Selection of Toast / Crumpets Preserves Yoghurts with Toppings	Porridge with Topping Selection of Cereal Selection of Toast / Crumpets Preserves Yoghurts with Toppings	Porridge with Topping Selection of Cereal Selection of Toast / Crumpets Preserves Yoghurts with Toppings	Porridge with Topping Selection of Cereal Selection of Toast / Crumpets Preserves Yoghurts with Toppings	Porridge with Topping Selection of Cereal Selection of Toast / Crumpets Preserves Yoghurts with Toppings
FRUIT	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit

LUNCH

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HOME MADE BREAD	Homemade 50/50 Bread	Homemade Tiger Bread	Garlic Bread	Poppy Seed Bread	Focaccia Bread	=====	=====
MAIN MEAL	Tortilla Bake Hand Cut Carrots Garden Peas Minted New Potatoes	Pork Meatballs in Tomato Sauce Served with Pasta Sweetcorn Fresh Broccoli	Chicken Curry Steamed Rice Mango Chutney Fresh Spinach Hand Cut Carrots Bombay Potatoes	Beef and Vegetable Pie Fresh Broccoli Fresh Swede Rustic Roast Potatoes Gravy	Fish and Chip Shop Lunch (Thin Chips) Mushy Peas Baked Beans Fresh Fish Special	Pork Kofta Kebab Pitta Bread Fries Selection of Salad	Choice of filled Baguettes
MEAT FREE	Butternut Squash and Cherry Tomato Crumble	Quorn Katsu Curry Steamed Rice	Homemade Quiche	Mushroom Risotto With Fresh Herbs	Homemade Potato Cake served with Mushroom Stroganoff	Assorted Pizza	Choice of filled Baguettes
BAKED POTATO BAR	Baked Potatoes Sweet Potatoes Beans Or Mushroom and Pepper Stroganoff	Baked Potatoes Sweet Potatoes Beans Or Chilli Beef	Baked Potatoes Sweet Potatoes Beans or Rarebit Sauce	Baked potatoes Sweet Potatoes Beans or Chicken Curry	Baked Potatoes Sweet Potatoes	=====	=====
PASTA BAR	50/50 Pasta Tomato Sauce	50/50 Pasta Tomato and Basil Sauce	50/50 Pasta Spicy Arabiata Sauce	50/50 Pasta Tomato Sauce	50/50 Pasta Tomato and Basil Sauce	=====	=====
HOT PUDDING	Sticky Toffee Pudding Custard	Rice Pudding Fruit Compote	Apple and Berry Crumble Custard	Lemon Curd Sponge Custard	=====	=====	=====
COLD PUDDING	More House Fruit Mess Cut Fruit Yoghurt with Toppings	Banoffee Pots Cut Fruit Yoghurt with Toppings	Chocolate Cheesecake Pots Cut Fruit Yoghurt with Toppings	Summer Trifle Pots Cut Fruit Yoghurt with Toppings	Selection of Ice Cream Fruit Jelly Cut Fruit Yoghurt with Toppings	Selection of Yoghurts and Fresh Fruit	Selection of Yoghurts and Fresh Fruit

SUPPER

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN COURSE ONE	Roast Gammon Roast Potatoes Fresh Savoy Cabbage Fresh Swede Gravy	Fish Fingers Chips Garden Peas	BBQ BBQ Chicken Pork Sausage Hot Dog	Assorted Pizzas Spicy Oven Baked Jacket Wedges	Mexican Chicken Wraps Rice and Peas	Char Grilled Turkey Escallops Roasted Cherry Tomatoes Green Beans New Potatoes	Build your own Burger Bar Fries
MAIN COURSE TWO	Build a Wrap Bar	Baguette Bar		Homemade Tomato Soup Warm Baguette	=====	=====	=====
VEGETARIAN	Butternut Squash Risotto	Stuffed Peppers	Vegetarian Burger Quorn Sausage Hot Dog	Assorted Pizzas	Tofu and Vegetable Wraps	Vegetable Linguini	As Above
ON THE SIDE	=====	Homemade Tartare Sauce Tomato Sauce	Selection of Salads	Selection of Salads	Sour Cream Guacamole	=====	BBQ Beans
DESSERT	Ice Cream	Assorted Mousse	Selection of Ice Cream and Lollies	Jam Doughnuts	Home Made Cookies	Home Made Cakes	Ice Cream
SELECTION OF FRESHLY CUT & WHOLE FRUITS							