

BREAKFAST

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
HOT ITEMS	Pork sausages scrambled eggs Baked Beans Hash Browns	Grilled bacon Fried eggs Mushrooms Baked Beans	Smoked salmon Scrambled eggs Toast Baked beans	Belgian waffles with Chocolate sauce Boiled eggs Baked beans	Cheese on toast Mushrooms Spaghetti hoops	Sausage and egg muffin's	Grilled bacon Fried eggs Baked Beans Sauté potatoes	
DAILY BREAKFAST ITEMS	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Selection of Breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Selection of Breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves
FRUIT	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	
HYDRATION	Selection of fruit juice Tea, Coffee and Hot chocolate	Selection of fruit juice Tea, Coffee and Hot chocolate	Selection of fruit juice Tea, Coffee and Hot chocolate	Selection of fruit juice Tea, Coffee and Hot chocolate	Selection of fruit juice Tea, Coffee and Hot chocolate	Selection of fruit juice Tea, Coffee and Hot chocolate	Selection of fruit juice Tea, Coffee and Hot chocolate	

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

LUNCH

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CLASSIC	Spaghetti Bolognaise	Assorted Pizza (Meaty and Vegetarian)	Pedro's chargrill Chicken	Pork and chorizo paella Home-made focaccia	Fish and chip shop lunch	Sticky southern fried chicken burger in brioche bun	Selection of filled baguettes
VEGETARIAN	Italian vegetable and bean puff pastry parcel	Halloumi and vegetable stack Served with cous cous	Roasted butternut and sage risotto	Spinach sweet potato and feta lasagne	Macaroni cheese topped with sun dried tomatoes	Spicy bean burger in brioche bun	As above
VEGGIES	New potatoes Garden peas Buttered carrots	Corn on the cob BBQ baked beans	Roasted Mediterranean vegetable Spring greens	Buttered peas & carrots Broccoli	Garden peas Baked beans	Fries Dips	***
PASTA BAR	50/50 pasta Homemade tomato sauce	50/50 pasta Homemade tomato sauce	50/50 pasta Homemade tomato sauce	50/50 pasta Homemade tomato sauce	50/50 pasta Homemade tomato sauce	Homemade soup Chunky Bloomer	***
JACKET BAR	Baked Potatoes Filling of the day	Baked Potatoes Filling of the day	Baked Potatoes Filling of the day	Baked Potatoes Filling of the day	Baked Potatoes Filling of the day	***	***
DESSERT	Apple crumble crunch Custard	Caramelised orange upside-down cake Custard	Creamy rice pudding	Chocolate sponge Chocolate sauce	Selection of ice cream	***	***
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS						
COLD DESSERT	Yoghurt and mango coulis	Banoffee pots	Jelly and custard pots	Fruit cheesecake pots	Lemon mousse	Yoghurt pots	Banoffee pots

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FEEDING INDEPENDENT MINDS

SUPPER

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CLASSIC	Pedros chicken burger serve in a brioche bun	Beef chilli Serve with guacamole and sour cream	BBQ	Pasta Carbonara	Gammon steak Fried egg and charred pineapple	Cumberland sausage ring Fried egg	Roast chicken Sage and onion stuffing
VEGETARIAN	Cheese and onion stuffed potato skins	Vegetable chilli Steamed rice	BBQ	Cheese omelette	Glamorgan sausages	Vegetable lasagne	Stuffed mushroom
STREET EATS	Mac 'n' cheese with crispy bacon	Spicy chicken wraps	BBQ	Ham and cheese melt Sauté potatoes	***	***	***
SIDES	Oven cooked potato wedges	Garlic bread	BBQ	Homemade focaccia bread Sweetcorn	Oven cooked potato wedges	Chips	Roast potatoes Gravy
SIDES	Crisp mixed salad	Crisp mixed salad	Salad selection	Crisp mixed salad	Crisp mixed salad	Crisp mixed salad	Fresh carrots Green beans
DESSERT	***	Doughnuts	Ice cream	Mousse selection	***	Lemon Meringue pie	Profiteroles
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS						