

BREAKFAST

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
HOT ITEMS	Ham and cheese toasties Hash browns Baked beans	Grilled bacon French baguette Baked Beans	Smoked salmon Scrambled eggs Toast Baked beans	Sausage and cheese Muffin Baked beans	Croissants Selection of toppings	Sausage and egg muffin's	Grilled bacon Fried eggs Baked Beans Sauté potatoes	
DAILY BREAKFAST ITEMS	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Selection of Breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Selection of Breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves
FRUIT	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	
HYDRATION	Selection of fruit juice Tea, Coffee and Hot chocolate	Selection of fruit juice Tea, Coffee and Hot chocolate	Selection of fruit juice Tea, Coffee and Hot chocolate	Selection of fruit juice Tea, Coffee and Hot chocolate	Selection of fruit juice Tea, Coffee and Hot chocolate	Selection of fruit juice Tea, Coffee and Hot chocolate	Selection of fruit juice Tea, Coffee and Hot chocolate	

LUNCH

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CLASSIC	Spaghetti carbonara	Selection of burgers served with toppings and relish	Roasted chicken with a honey glaze	Moroccan beef Onion bhaji mango chutney	Fish and chip shop lunch	Fully loaded hot dogs served with chips	Home-made take away pizza
VEGETARIAN	Vegetarian sausage casserole	Caramelised red onion and goat's cheese tart	Vegetarian shepherd's pie	Mushroom risotto	Mac 'n' Cheese	Spicy vegetable pasty	As above
VEGGIES	Parsley new potatoes Fresh green beans Fresh carrots	Julienne fries BBQ beans Corn on the cob	Roast potatoes Roasted carrots and parsnips Garden peas	Cous cous Green beans Cauliflower	Garden peas or Mushy peas Baked beans	Homemade Soup Chunky Bloomer	Selection of crisps
PASTA BAR	50/50 pasta Homemade tomato sauce	50/50 pasta Homemade tomato sauce	50/50 pasta Homemade tomato sauce	50/50 pasta Homemade tomato sauce	50/50 pasta Homemade tomato sauce	***	***
JACKET BAR	Baked Potatoes Filling of the day	Baked Potatoes Filling of the day	Baked Potatoes Filling of the day	Baked Potatoes Filling of the day	Baked Potatoes Filling of the day	***	***
DESSERT	Marble sponge Custard	Assorted cheesecake	Pear and chocolate crumble Custard	Golden syrup tart Custard	Assorted ice cream	***	***
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS						
COLD DESSERT	Chocolate mousse pots	Fruit cheesecake pots	Lemon mousse pots	Banoffee pots	Jelly pots	Cheesecake pots	Chocolate pots

SUPPER

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CLASSIC	Homemade sausage rolls	Beef enchiladas	BBQ	Honey roast gammon Stuffing	Katsu chicken Homemade naan bread	4oz Rump steak (well done)	Chicken burger with iceberg lettuce and mayo
VEGETARIAN	Cheese and mushroom omelettes	Gnocchi in tomato sauce	BBQ	Broccoli and sweetcorn risotto	Quorn hot dogs Fried onions	Vegetable pasty	Spicy bean burger
STREET EATS	Homemade spicy coated chicken	Pasta Bar	BBQ	Small individual pizza	***	***	***
SIDES	Crisp mixed salad	Crisp mixed salad	BBQ	Crisp mixed salad	Crisp mixed salad	Sauté potatoes	Curly fries
SIDES	Baked potatoes Baked beans Crisp mixed salad	Oven cooked potato wedges Crisp mixed salad	Salad selection	Roasted root vegetables Gravy	Curry sauce Poppadum's	Garden peas	Corn on the cob
DESSERT	Fruity yoghurt	***	Doughnuts	***	Home-made chocolate brownie	Profiteroles	Cheesecake
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS						